

# Beyond the Basics

## Understanding FASD for Parents and

### Children Part Two

(Completion of Part One required)\*

## at Behavior Management Systems

Six Thursday Nights

June 30— Aug. 4

5:30 pm—7:00 pm



Parent's Group &

Children's Group

Meet concurrently

350 Elk Street

**This group series** is especially designed for youth with FASD and their birth, foster or adoptive parents who have attended our previous FASD groups.

### Parents Group

#### 1. Introductions/Behaviors

Environmental Model

#### 2. Sensory Processing

Speaker—Sarah from Building Blocks

#### 3. School/Advocacy

Speaker—Juanita Herrington

#### 4. Internet Safety

#### 5. Puberty/Dating

Speaker—Jean nurse from BH Special Services

#### 6. Adulthood Transitions

Speaker—Gina Nelson, State's Attorney

*Parents' group facilitated by Nora Boesem, BS  
and Caitlin Hollearn, MS*

### Children's Group

#### 1. Introductions

"Hey That's Me"

Roles

Brainstorming

FASD talk

#### 2. Sensory Play Group

Make sparkle/calming bottle

Sensory Stations

#### 3. School/Bullying

#### 4. Internet Safety

#### 5. Social Skills

#### 6. Independent Living Skills

*Childrens' group led by Amanda Mercer, LPC, QMHP  
and Amber Roduner, LPC, QMHP*

**Cost:** Title 19, insurance and credit cards are accepted. Other funding may be available depending on eligibility. Screening and financial eligibility are required to qualify.



**To register or make a referral please contact Nora or Caitlin:**

605-343-7262    350 Elk Street    Rapid City, SD 57701    [www.BMSCares.org](http://www.BMSCares.org)

\* Call if interested in participating in a future Part One